

# Congratulations!

You've successfully downloaded your free social media calendar from Fancy Guppy.

This calendar covers June 2017. You can use it to plan your social media posts for the month.

To help support your plans, we've marked notable events coming up. And we've provided extra detail, like links where you can find more information, and Twitter and Facebook accounts of people running the campaigns. We've also included some Twitter chats that you might want to take part in.

**We really hope you'll find this calendar useful.** If you know someone who might also find them helpful, let them know that they can get free calendars every month too – all they have to do to get them is subscribe to our newsletter. Sounds simple, right? Well, it is! We know how hard your job is already, so if we can help in this way, we want to! And, we think you'll really like the newsletter too - it's full of our latest blogs, tips, polls, and digital and third sector news.

**To get free calendars every month, just subscribe to our newsletter at [www.fancyguppydigital.com/newsletter](http://www.fancyguppydigital.com/newsletter).**

## Tell us what you think!

We'd love to hear about how you're using the calendar and get your feedback. Get in touch by...

Email: [info@fancyguppydigital.com](mailto:info@fancyguppydigital.com)

Facebook: [FancyGuppyDigital](https://www.facebook.com/FancyGuppyDigital)

Twitter: [@Fancy\\_Guppy](https://twitter.com/@Fancy_Guppy)

### Some things you might want to know about using the calendar

Facebook pages are marked as Fb:

Twitter accounts are marked as T:

To find people's Facebook accounts you write what we've provided here after [www.facebook.com](http://www.facebook.com) and the same for Twitter. For example, Fb: /fancyguppydigital will be at [www.facebook.com/fancyguppydigital](http://www.facebook.com/fancyguppydigital).

We've also provided a notes section that you can use to add in extra info, or things you want to do at some point in the month but don't necessarily have a specific date for.

For more about why we created this calendar, have a look at this blog: [www.fancyguppydigital.com/social-media-calendar](http://www.fancyguppydigital.com/social-media-calendar)

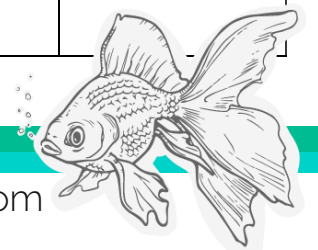


# June 2017

Tell us what you think of this calendar!  
 Email: [info@fancyguppydigital.com](mailto:info@fancyguppydigital.com)  
 Facebook: [FancyGuppyDigital](https://www.facebook.com/FancyGuppyDigital)  
 Twitter: [@Fancy\\_Guppy](https://twitter.com/Fancy_Guppy)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Notes
			<p><b>1</b> Start of <i>Volunteers Week</i></p> <p><i>Global Day of Parents</i>  <a href="http://www.un.org/en/events/parentsday">www.un.org/en/events/parentsday</a>                      #GlobalParentsDay</p> <p><i>National Children's Day</i>  <a href="http://www.nationalchildrensdayuk.com">www.nationalchildrensdayuk.com</a>                      Fb: /NCDUK2017                      T: /NCDUK2017                      #NCDUK2017</p>	<p><b>2</b> <i>World Eating Disorder Day</i>  <a href="http://www.worldeatingdisordersday.org">www.worldeatingdisordersday.org</a>                      Fb: /WorldEatingDisordersDay                      T: /WorldEDday                      #WeDoActTogether</p>	<p><b>3</b> <i>NSPCC's Messathon</i>  <a href="http://www.nspcc.org.uk/what-you-can-do/events/messathon">www.nspcc.org.uk/what-you-can-do/events/messathon</a>                      Fb: /nspcc                      T: /NSPCC                      #Messathon</p>	<p><b>4</b> <i>International Day of Innocent Children Victims of Aggression</i>  <a href="http://www.un.org/en/events/childvictimday">www.un.org/en/events/childvictimday</a>                      #ChildVictimDay</p> <p><i>National Cancer Survivors Day</i>  <a href="http://www.ncsd.org">www.ncsd.org</a>                      Fb: /CancerSurvivorsDay                      T: /SurvivorsDay                      #NCSD2017</p>	<p><b>Throughout June</b> <i>Sands Awareness Month</i>  <a href="http://www.sands.org.uk/get-involved/sands-awareness-month">www.sands.org.uk/get-involved/sands-awareness-month</a>                      Fb: /sandscharity                      T: /SandsUK</p> <p><i>March For Men</i>  <a href="http://www.marchformen.org">www.marchformen.org</a>                      Fb: /prostatecanceruk                      T: /prostateuk                      #MarchForMen</p> <p><b>26<sup>th</sup> June – 2<sup>nd</sup> July</b> <i>Deafblind Awareness Week</i>  <a href="http://www.deafblind.org.uk/deafblind-awareness-week">www.deafblind.org.uk/deafblind-awareness-week</a>                      Fb: /DBUKCharity                      T: /DeafblindUK                      #DBAW17</p>
<p><b>5</b> <i>World Environment Day</i>  <a href="http://www.worldenvironmentday.global">www.worldenvironmentday.global</a>                      Fb: /UNEP                      T: /unep                      #WorldEnvironmentDay                      2017 theme: Connecting People to Nature</p> <p>Start of <i>Heart Rhythm Week</i>  <a href="http://www.heartrhythmalliance.org/aa/uk/heart-rhythm-week">www.heartrhythmalliance.org/aa/uk/heart-rhythm-week</a>                      Fb: /ArrhythmiaAlliance                      T: /knowyourpulse                      #KnowYourPulse                      2017 focus: Identifying the Undiagnosed Person</p> <p>Start of <i>Child Safety Week</i></p>	<p><b>6</b> On Tuesdays have a look at                      #CharityTuesday</p>	<p><b>7</b> End of <i>Volunteers Week</i>  <a href="http://www.volunteersweek.org">www.volunteersweek.org</a>                      T: /NCVOvolunteers                      #VolunteersWeek                      #IVolunteer                      2017 theme: You make the difference</p> <p><i>Tourettes Awareness Day</i>  <a href="http://www.tourettes-action.org.uk/index.php?p=16&amp;n=220">www.tourettes-action.org.uk/index.php?p=16&amp;n=220</a>                      Fb: /TourettesAction                      T: /tourettesaction                      #TSelfie</p>	<p><b>8</b> <i>UK General Election polling day</i>                      #GE2017                      Also, for fun, have a look at                      #DogsAtPollingStations</p> <p><i>World Oceans Day</i>  <a href="http://www.worldoceansday.org">www.worldoceansday.org</a>                      2017 theme: Our oceans, our future                      Fb: /WorldOceansDay                      T: /worldoceansday                      #WorldOceansDay</p>	<p><b>9</b> <i>Transverse Myelitis Awareness Day</i>  <a href="http://www.myelitis.org.uk/tm-awareness-day.html">www.myelitis.org.uk/tm-awareness-day.html</a>                      Fb: /tm.awareness.day.uk                      T: /tm_awareness_uk                      #TMAwarenessDayUK</p> <p><i>British Heart Foundation's Wear it. Beat it.</i>  <a href="http://www.wearitbeatit.bhf.org.uk">www.wearitbeatit.bhf.org.uk</a>                      Fb: /WearItBeatIt                      #WearItBeatIt</p>	<p><b>10</b> Start of <i>Bike Week</i>  <a href="http://www.bikeweek.org.uk">www.bikeweek.org.uk</a>                      Fb: /NationalBikeWeek                      T: /Bike_Week                      #BikeWeekUK</p>	<p><b>11</b> End of <i>Heart Rhythm Week</i></p> <p>End of <i>Child Safety Week</i>  <a href="http://www.childsafetyweek.org.uk">www.childsafetyweek.org.uk</a>                      Fb: /ChildAccidentPreventionTrust                      T: /childsafetyweek                      #childsafetyweek</p> <p>Start of <i>Diabetes Week</i>  <a href="http://www.diabetes.org.uk/diabetesweek">www.diabetes.org.uk/diabetesweek</a>                      Fb: /diabetesuk                      T: /DiabetesUK                      #DiabetesWeek #knowdiabetes                      2017 theme: Know Diabetes. Fight Diabetes</p>	
<p><b>12</b> <i>World Day Against Child Labour</i>  <a href="http://www.un.org/en/events/childlabourday">www.un.org/en/events/childlabourday</a>                      #ChildLabourDay #WDACL</p> <p>Start of <i>Cervical Screening Awareness Week</i></p> <p>Start of <i>Carers Week</i></p> <p>Start of <i>Breathe Easy Week</i></p> <p>Start of <i>Men's Health Week</i>  <a href="http://www.menshealthforum.org.uk/mhw">www.menshealthforum.org.uk/mhw</a>                      Fb: /MHFmalehealth                      T: /menshealthforum                      2017 focus: Belly fat</p>	<p><b>13</b> Twitter chat: Tuesday at 9pm GMT+1                      #DigiBlogChat (this chat is about online blogging)</p>	<p><b>14</b> <i>World Blood Donor Day</i>  <a href="http://www.who.int/worldblooddonorday/en">www.who.int/worldblooddonorday/en</a>                      Fb: /WHO                      T: /who                      #GiveBlood                      #WorldBloodDonorDay                      2017 focus: Blood donation in emergencies</p>	<p><b>15</b> <i>World Elder Abuse Awareness Day</i>  <a href="http://www.elderabuse.org.uk/world-elder-abuse-awareness-day">www.elderabuse.org.uk/world-elder-abuse-awareness-day</a>                      Fb: /ActionOnElderAbuse                      T: /elderabuseuk                      #WEAAD #EndElderAbuse</p>	<p><b>16</b> End of <i>Breathe Easy Week</i>  <a href="http://www.blf.org.uk/support-for-you/breathe-easy/week">www.blf.org.uk/support-for-you/breathe-easy/week</a>                      Fb: /britishlungfoundation                      T: /lunguk                      #BreatheEasyWeek                      2017 focus: Pollution and clean air</p> <p>Start of <i>Drowning Prevention Week</i>  <a href="http://www.rlss.org.uk/water-safety/drowning-prevention-week">www.rlss.org.uk/water-safety/drowning-prevention-week</a>                      Fb: /RLSSUK                      T: /rlssuk                      #DPW #StopDrowning</p>	<p><b>17</b> <i>World Day to Combat Desertification and Drought</i>  <a href="http://www.unccd.int/17-june-world-day-combat-desertification">www.unccd.int/17-june-world-day-combat-desertification</a>                      Fb: /UNCCD                      T: /unccd                      #2017WDCCD                      2017 focus: migration and land degradation</p> <p>End of <i>Diabetes Week</i></p>	<p><b>18</b> End of <i>Cervical Screening Awareness Week</i>  <a href="http://www.jostrust.org.uk/get-involved/campaign/cervical-screening-awareness-week">www.jostrust.org.uk/get-involved/campaign/cervical-screening-awareness-week</a>                      Fb: /joscervicalcancertrust                      T: /jostrust</p> <p>End of <i>Bike Week</i></p> <p>End of <i>Carers Week</i>  <a href="http://www.carersweek.org">www.carersweek.org</a>                      Fb: /carersweek                      T: /carersweek</p> <p>End of <i>Men's Health Week</i></p>	
<p><b>19</b> <i>Int. Day for the Elimination of Sexual Violence in Conflict</i>  <a href="http://www.un.org/en/events/elimination-of-sexual-violence-in-conflict">www.un.org/en/events/elimination-of-sexual-violence-in-conflict</a>                      #EndVAW</p> <p>Start of <i>Rheumatoid Arthritis Awareness Week</i>  <a href="http://www.nras.org.uk/ra-awareness-week">www.nras.org.uk/ra-awareness-week</a>                      Fb: /nationalrheumatoidarthritissociety                      T: /NRAS_UK                      #behindthesmile #InvisibleIllness                      2017 theme: Invisible Illness</p> <p>Start of <i>Refugee Week</i></p>	<p><b>20</b> <i>World Refugee Day</i>  <a href="http://www.un.org/en/events/refugeeday">www.un.org/en/events/refugeeday</a>  <a href="http://www.unhcr.org/uk">www.unhcr.org/uk</a>                      Fb: /UNHCR                      T: /Refugees                      #WorldRefugeeDay #WithRefugees</p>	<p><b>21</b> On Wednesdays have a look at                      #WednesdayWisdom</p>	<p><b>22</b> Twitter chat: Thursday at 7pm GMT+1                      #Luv4Social (this chat is about digital comms and social media)</p>	<p><b>23</b> <i>International Widows' Day</i>  <a href="http://www.un.org/en/events/widowsday">www.un.org/en/events/widowsday</a>                      #WidowsDay</p> <p><i>International Women in Engineering Day</i>  <a href="http://www.inwed.org.uk">www.inwed.org.uk</a>                      Fb: /WES1919                      T: /WES1919                      #INWED17 #INWED</p>	<p><b>24</b> <i>Armed Forces Day</i>  <a href="http://www.armedforcesday.org.uk">www.armedforcesday.org.uk</a>                      Fb: /armedforcesday                      T: /ArmedForcesDay                      #SaluteOurForces</p>	<p><b>25</b> <i>Day of the Seafarer</i>  <a href="http://www.imo.org/en/About/Events/dayoftheseafarer/Pages/Day-of-the-Seafarer-2017.aspx">www.imo.org/en/About/Events/dayoftheseafarer/Pages/Day-of-the-Seafarer-2017.aspx</a>                      Fb: /IMOHQ                      T: IMOHQ                      2017 theme: Seafarers matter</p> <p>End of <i>Rheumatoid Arthritis Awareness Week</i></p> <p>End of <i>Refugee Week</i>  <a href="http://www.refugeeweek.org.uk">www.refugeeweek.org.uk</a>                      Fb: /RefugeeWeek                      T: /refugeeweek                      #RefugeeWeek #OurSharedFuture</p>	
<p><b>26</b> End of <i>Drowning Prevention Week</i></p> <p><i>Int. Day against Drug Abuse and Illicit Trafficking</i>  <a href="http://www.un.org/en/events/drugabuseday">www.un.org/en/events/drugabuseday</a>                      Fb: /unodc /worlddrugcampaign                      T: /UNODC</p> <p><i>International Day in Support of Victims of Torture</i>  <a href="http://www.un.org/en/events/torturevictimsday">www.un.org/en/events/torturevictimsday</a>                      #torturevictimsday #AgainstTorture</p> <p>Start of <i>Deafblind Awareness Week</i></p>	<p><b>27</b> Twitter chat: Tuesday at 5pm GMT+1                      #WomeninTechChat (this chat is about startups, women in tech, and women in IT)</p>	<p><b>28</b> Twitter chat: Wednesday at 7pm GMT+1                      #ChatSnap (this chat is about Snapchat)</p>	<p><b>29</b> On Thursdays have a look at                      #ThursdayThoughts</p>	<p><b>30</b> On Fridays have a look at                      #FollowFriday or #FF</p> <p><i>Wrong Trousers Day</i>  <a href="http://www.grandappeal.org.uk/wrong-trousers-day">www.grandappeal.org.uk/wrong-trousers-day</a>                      Fb: /TheGrandAppeal                      T: /thegrandappeal                      #WrongTrousersDay</p>			

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Twitter: [@Fancy\\_Guppy](https://twitter.com/Fancy_Guppy)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Notes
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	26	
25	27	28	29	30			

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